



Plymouth Rock N' Run

5K /10K Run/Walk

for Spinal Cord Injury Research

Shirt • Awards • Chip Timing

**Thanksgiving Day
November 24th, 2011**

**Yorba Regional Park
7600 E. La Palma
Anaheim Hills, CA 92807**

**10K - 7:30 am • 5K - 8:00 am
Kids' 1K - 9:00 am**

Race Day Registration - 6:30 am

**For updated information or to register go to:
www.plymouthrocknrun.com**

This program is not affiliated with the school or school district.
The School District does not endorse or sponsor this activity.