



Jog-A-Thon Friday, October 28, 2011

Run Schedule

1st Run: 8:35 – 9:30

Upper Field:

Mr. Roth, Mr. Zietlow, Mrs. Long

Lower Field:

Mrs. Lewis, Ms. Rosenthal, Mrs. McNall, Mrs. Lyman, Ms. DiTolla

2nd Run: 10:10 – 11:05

Upper Field:

Mrs. Thurston/Mrs. Jenkins, Ms. Sparks, Mr. Martinez, Mr. Sullivan

Lower Field:

**Mrs. Avila-Perez, Mrs. Miller, Mrs. Ramshaw, Mrs. Fattal,
Mrs. Nakamoto, Mrs. Frost, Mrs. Platow**

1st Run:

8:35 – 8:45 Warm-up

8:45 – 9:10 JOG-A-THON RUN!

9:10 – 9:30 Popsicles!

2nd Run:

10:10 – 10:20 Warm-up

10:20 – 10:45 JOG-A-THON RUN!

10:45 – 11:05 Popsicles!